



Teamwork Training Courses

On this teamwork training course, your managers will discover the benefits of team working, learn how to work better as a team, improve motivation and overcome barriers to forming effective teams. The [team-building skills course](#) will help your team members with..

What You'll Learn

Following this teamwork training, managers and staff will be able to:

- Understand what's required for a High-Performing Team to succeed
- Adapt their management styles according to the strengths and weaknesses of their team members
- Manage Difficult Conversations with confidence
- Problem-solve effectively amongst team members

Our **teamwork and team-building training** is suitable for team leaders, managers, and their executives, seeking to grow and develop as a team through improved understanding, better communication and a group approach to problem-solving.

Following completion of this team-building course, your team will be more productive in the workplace by building their problem-solving capabilities and [communication skills](#).

*“What great days! As a team it was great spending quality time together and made you feel you were a part of something bigger.”*Leader, Synergy Partnership

“I have received feedback from everyone who attended. All said they would highly recommend it and found it very useful. Everyone also mentioned that the trainer was excellent!” Office Manager, The Hub

Your Inhouse Teamwork Training Activities

We'll deliver these engaging activities to your team with an experienced trainer and coach. These training exercises in teamwork use engaging and active elements to develop and grow your team's cohesion and culture. Both team leaders and team members will learn what it takes to [make a team successful](#) and discover the core skills required to improve as a team.

Introduction: High Performing Teams

A review of this important model and feedback from the pre-learning videos.

Exercise: The Wheel - Achieving More Through Teamwork

Participants learn how, by working together, teams are able to achieve more. Additionally, it highlights to the team the dangers of an overly competitive workplace culture.

Exercise: Building Strong Bridges

Your team consider factors that motivate staff to perform well. This activity encourages staff to consider their communication skills, consider the question of keeping people motivated and are encouraged to self assess, review and reflect on team performance.

Exercise: Communication Within Teams

This teamwork and communication exercise will enhance communication and listening skills, develop the ability to communicate, and to explore problems objectively. Importantly, employees learn that teamwork involves all the unique skills and talents within their team.

Exercise: Problem-Solving Within Teams

This teamwork and problem-solving exercise explores the difficulties of solving a problem which involves numerous people. Importantly, it highlights how problem-solving becomes challenging when other team members have competing priorities.

Exercise: Managing Conflict Within Teams

Conflict is common within teams and amongst colleagues. This conflict management activity for teams explores the five strategies which can be used by team-members to manage conflict in the workplace.

Exercise: Delivering the Vision

This team-working activity pinpoints the specific steps that members of the team will take to deliver their vision, highlighting their unique contribution.